4 main risk factors Tobacco Alcohol Poor diet Lack of physical activity

4 main causes of avoidable early deaths Cancer

Cardiovascular disease Respiratory disease

Liver disease

Contribution to reduction in life expectancy and health inequalities

64%

Long term Condition Pathways, Co-morbidity

Primary prevention EOL care Early identification Self-care Primary care Community care Specialist care Inpatient care

Cancer. CVD, Stroke. Diabetes. COPD. Liver disease. Fragility, falls and fractures. Dementia Neurological

Mental health and wellbeing

Sexual Health, Community Safety. Drugs and Alcohol. Learning disabilities. Health Protection / Public Protection

Positive Family Futures Relationship problems Domestic violence Offender health

Troubled Families & family breakdown

Safeguarding

Health inequalities

Marmot Principles, Fairer Society, Healthy Lives

Best start in life

Education Parenting

Employment, Skills, Training **Tackling Poverty** strategy

Workplace health

Older people Social isolation

Wider determinants of health

Sustainability Housing Arts & Culture Planning Economy Transport

Building social capital

- Asset Based Community development, Rapid Participatory **HNA**
- Sharing data / intelligence in localities
- Developing Locality Profiles for JSNA

- Agreeing priorities for action, Targeting areas of need
- Multi-agency Locality working
- Development of the Third Sector
- Volunteer programme / Portsmouth Together